

The Five Buddha Families

Buddha - Ignorance - Wisdom of All-Encompassing Space

Confused - Dull, lazy, immobile, humorless, stubborn, insensitive, ignoring, denying

Liberated - Confusion dissolves - Non-conceptual state is present.

Padma – Desire - Discriminating Awareness Wisdom

Confused - Insecure, seeking confirmation, obsessively grasping, pleasure-seeking, manipulative, overly emotional

Liberated - Craving dissolves - Happiness is present.

Yellow – Pride - Wisdom of Equality

Confused - Self-important, arrogant, ostentatious, oppressive, greedy, indulgent, possessive

Liberated - Arrogance dissolves - Confidence is present.

Blue - Aggression - Mirror-like Wisdom

Confused - Overly analytical, critical, self-righteous, opinionated, authoritarian, perfectionist,

Liberated - Hatred dissolves - Power, clarity and strength is present.

Green – Jealousy - All-accomplishing Wisdom

Confused - Restless, speedy, controlling, dominating, power-hungry, competitive, fear of failure,

Liberated - Feeling of competition dissolves - Accomplishment is present.