

New Year's Aspiration 2023 by Dzigar Kongtrul Rinpoche

Oh, my glorious Guru,
May you bless me and all others like me,
Lost in the abyss of samsara's confusion.

May we find a path of liberation,
May the world have peace and harmony,
May wars and conflicts cease,
And may we see the earth recover from the abuse and
misuse of its kindness.

My brothers and sisters of the nations of this earth,
Find deep love for one another.
Maybe elements come to be gentle and supportive,
It may rain be timely and harvest bountiful.

May the intelligence of human beings
Seek the greater potential of their basic goodness.
The animals in the natural world and plants and trees,
All be protected.

May leaders strive for peace and prosperity,
And be graced by the divine.
May practitioners of spiritual disciplines
Reap the fruit of finding the truth for which they search.

May men, women, and children act with confidence,
Shine with beauty, and find an abundance of joy and play.
May this year of 2023 be the year of peace and harmony
across our beautiful planet.