

## Ritual for Taking the Five Precepts

NAMAS TASMAI BHAGAVATE 'RHATE SAMYAK SAMBUDDHAYA

(I prostrate to him who has conquered the enemy, who possesses virtue, who has transcended, who is worthy of respect, the completely and fully enlightened one.)

### Repeat the Triple Refuge

Buddham Sharanam Gacchami  
Dharmam Sharanam Gacchami  
Sangham Sharanam Gacchami

Dvitiyam Api  
Buddham Sharanam Gacchami  
Dharmam Sharanam Gacchami  
Sangham Sharanam Gacchami

Tritiyam Api  
Buddham Sharanam Gacchami  
Dharmam Sharanam Gacchami  
Sangham Sharanam Gacchami

### The Five Precepts (Pancha Shila)

PRANATIPATA-VIRATI SHIKSHAPADAM SAMADIYAMI  
I take on the precept of abstaining from the destruction of life

ADATTADANA-VIRATI SHIKSHAPADAM SAMADIYAMI  
I take on the precept of abstaining from stealing

ABRAHMACHARYA-VIRATI SHIKSHAPADAM SAMADIYAMI  
I take on the precept of abstaining from sexual misconduct

MRISHAVADA-VIRATI SHIKSHAPADAM SAMADIYAMI  
I take on the precept of abstaining from lying

SURA-MAIREYA-MADYAPANA-VIRATI SHIKSHAPADAM SAMADIYAMI  
I take on the precept of abstaining from drinking intoxicating liquor