

The Ceremony for Taking the Five Precepts

Taking Refuge

Namas Tasmai Bhagavate Arhate Samyak Sambuddhaya

(I prostrate to him who has conquered the enemy, who possesses virtue, who has transcended, who is worthy of respect, the completely and fully enlightened one.)

Buddham Sharanam Gacchami
Dharmam Sharanam Gacchami
Sangham Sharanam Gacchami

Dvitiyam Api
Buddham Sharanam Gacchami
Dharmam Sharanam Gacchami
Sangham Sharanam Gacchami

Tritiyam Api
Buddham Sharanam Gacchami
Dharmam Sharanam Gacchami
Sangham Sharanam Gacchami

The Five Precepts (Pancha Shila)

Pranatipata-Viratih Shikshapadam Samadiyami

I take the precept of abstaining from the destruction of life

Adattadana-Viratih Shikshapadam Samadiyami

I take the precept of abstaining from stealing

Abrahmacharya-Viratih Shikshapadam Samadiyami

I take the precept of abstaining from sexual misconduct

Mrishavada-Viratih Shikshapadam Samadiyami

I take the precept of abstaining from lying

Sura-Maireya-Madyapana-Viratih Shikshapadam Samadiyami

I take the precept of abstaining from drinking intoxicating liquor