

Your precious human body,
With its freedoms and endowments,
Is like a priceless boat:
While you still have the power to steer it across the ocean of frustrations,
Shun laziness, indolence and idleness—
Activate the power of strenuous endeavor straight away.

HH Dilgo Khyentse Rinpoche

If you can change the direction of your life right now, and truly start practicing the dharma with the same amount of time and energy that you have been giving to your worldly activities, Buddhahood will be within reach.

Chamtrul Rinpoche

In the midst of clouds of impermanence and illusion
 dances the lightening of life.
Can you say you won't die tomorrow?
Practice the dharma.

HH Dilgo Khyentse Rinpoche